Vernon College and Vernon Farmers Market Association
"Farm to Table" Award Application

Applying for this award is optional.

NAME_____ COUNTY_____

AGE DIVISION_____ RECIPE NAME_____

1. Are any of the ingredients in your recipe grown locally?

2. If so, tell us about who grew or raised the local ingredient/s. (Did you grow them in your garden, purchase them from a farmers market, or get them from a neighbor's garden?)

3. If you grew them yourself, tell us about your experience gardening and growing your ingredients.

4. If you bought them at a farmers market or they are from a neighbor's garden tell us about that experience or relationship.

5. In your opinion, why is it important to grow or purchase local food (i.e. fruit, vegetables, eggs, grains, meat, dairy, nuts, honey)?